

CITY OF LINCOLN

# RECREATION GUIDE

WINTER/SPRING 2017



**Pickle Ball**

pg. 4

**Kids Kamp**

pg. 5

**Lifeguard  
Certification**

pg. 12

# OPEN GYM

## WEDNESDAYS @ 8PM

\$5.00 PER PLAYER

AGES: 18+

LOCATION: COMMUNITY CENTER



Even if you don't live near water, the fertilizer, pet waste, motor oil and other pollutions from your yard end up in our fresh water supply.

Here are a few tips on how you can help!

- Hosing off of hard surfaces is prohibited. Save water and our creeks!
- Do not pour any chemical into the gutter or into the storm drain.
- Cars create lots of storm water pollution. When possible, walk or ride your bike!
- If you spill motor oil on the driveway, soak it up with kitty litter, sweep it up and take it to your household hazardous waste center.
- Reduce, reuse and recycle whenever you can. The animals and plants on the rivers and creeks are counting on you!
- The UC Master Gardeners will teach you how to garden organically or will help you find substitutes for chemical pesticides. Visit their web site at: [www.ipm.ucdavis.edu](http://www.ipm.ucdavis.edu).
- Clean your sidewalks and patios with a broom, dustpan and garbage can instead of washing them with the garden hose.
- Don't over-water lawns and gardens after applying commercial products. Over-watering can send large amounts of pesticides and fertilizer directly into storm drains.

## WINTER WATER TIPS

Reminder-Turn off your irrigation during the winter months!

SAVE  
Water



# WELCOME



2010 First Street  
Lincoln, CA 95648

(916) 434-3220

Mon-Fri, 8am-12pm, 1-5pm  
Closed from 12-1pm  
[www.LincolnRec.net](http://www.LincolnRec.net)

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## CITY OF LINCOLN COMMUNITY CENTER

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Lincoln Recreation



@lincolnparksrec  
@lysports



@lysports2015

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Tinkerplay will provide early childhood learning both in the classroom and in the outdoors. Tinkerplay is a parent participation class that allows families to connect during a play-based kids class that helps develop core life skills, all while having fun! Each session will include games, crafts and storytime all based around fun themes!

Ages: 2-4  
Cost: \$40/\$45NR  
Location: Lincoln Community Center  
Thurs • 10:00am - 10:45am

Artic Adventures • PG1.223 • 1/5-1/26  
Little Love Bugs • PG1.224 • 2/2-2/23  
Lucky Little Leprechauns • PG1.225 • 3/2-3/23  
Hoppin' Into Spring • PG1.226 • 3/30-4/20 • **NO CLASS 4/13**

**tinkerplay.**  
explore • play • create

**CHECK OUT OUR NEW TINY TOT FITNESS CLASSES ON PG.8!**



## **PICKLEBALL**

### GRAND OPENING & FREE CLINIC

**SATURDAY, MARCH 4 • 9AM - 12PM**

Pickleball-a sweet sport with the sour name. Come and check out the fastest growing sport in America. Everyone's talking about it and here's your chance to play it. You just may become a pickleball fanatic! Paddles, balls and instruction will be provided. Registration for the clinic is not required, but encouraged!

Ages: 8+  
Location: McBean Park Pickleball Courts (Basketball Courts)  
AC1.988

### Pickleball Open Play

Come and play pickleball, a paddle sport for all ages and skill levels. Combines elements of tennis, badminton and ping pong. Played on a badminton sized court with a low net. Easy to learn, bring your friends and family. Paddles, balls and instruction will be provided.  
Age: All Ages

#### Every 1st and 3rd Saturday

Starting January 7  
Time: 9am - 12pm  
Location: McBean Park



Lincoln Recreation



@lincolnparksrec  
@lysports



@lysports2015



916.434.3220

### Pickleball Spring Break Camp

As the fastest growing sport in America, Pickleball is easy to learn and fun to play. Basic instruction, including rules, serving, service return, volleying and shot selection will be taught. Being athletic is not a requirement to learn how to play. Try it and see. Paddles, balls and basic instruction will be provided. Please wear comfortable clothes and tennis type shoes.  
Age: 8-17

Mon-Fri • 10am-12pm  
AC1.987 • 4/10-4/14  
Location: McBean Park  
Cost: \$25/\$30NR



### Discover Gardening

Come and let your children explore the magic of gardening! This Discover Gardening class will take your children from the basic plant parts, and why they are important all the way to the production of fruit. Kids will get to take a tour of the garden center, learn the basics of gardening and even build and take home their very own green house! Parent participation is required for children 5-7 years old and parents are required to be on-site for the duration of the class. A \$25 material fee is due at the first class.  
Age: 5-12

Saturdays • 1pm-2pm  
PG1.234 • 3/4-3/25 • \$10/\$15NR  
Location: Home Depot Lincoln

### Discovering Flowers

Come learn about the fascinating world of flowers! Learn about the science of flowers, flower families and when to plant flowers! Parent participation is required for children 5-7 years old and parents are required to be on-site for the duration of the class. Each participant will build and get to take home a project. A \$25 material fee is due at the first class.  
Age: 5-12

Saturdays • 1pm-2pm  
PG1.235 • 4/1-4/22 • \$10/\$15NR  
Location: Home Depot Lincoln

# WINTER/SPRING CAMPS

## Winter Wonderland Kids Kamp

School may be out, but the fun is just beginning! Our day camp programs are age-specific to ensure a fun and exciting experience for all of our campers. Now you can have a stress-free holiday knowing that your kid is learning, growing and making friends. Campers will enjoy action packed games, dynamic arts and crafts projects, yummy cooking projects, sports, science projects, and an awesome field trip to SkateTown.

Date: 12/19-12/23

Day: Mon-Fri

Location: Foskett Ranch Elem

Ages: 5-11

Winter Wonderland Camp: 8am - 3:30pm • \$125/\$130NR • PG1.213

Winter Wonderland + extend care option: 7am - 6pm • \$165/\$170NR • PG1.219

Field Trip: SkateTown

## School's Out, Camps In!

School is out which means Kids Kamp is In. Campers will love our one-day camp making new friends, learning a new craft, experimenting with science or playing fun sports and games.

Date: 1/2

Day: Mon

Location: Lincoln Community Center

Ages: 5-11

Kids Kamp: 8am - 3:30pm • \$35/\$40NR • PG1.215

Kids Kamp + extend the fun care option: 7am - 6pm • \$50/\$55NR • PG1.220

Field Trip: Studio Movie Grill

## Spring Break Kids Kamp

This five day Kids Kamp program is filled with lots of high-energy games, activities, science, super fun arts & crafts and a trip to Golfand SunSplash.

Date: 4/10 - 4/14

Day: Mon - Fri

Location: Twelve Bridges Elementary School

Ages: 5-11

Kids Kamp Daily Rate: 8am - 3:30pm • \$35/\$40NR • PG1.221

Kids Kamp Weekly Rate: 8am - 3:30pm • \$130/\$135NR • PG1.222

Field Trip: SunSplash Miniature Golfing (Field Trip will be on Thursday, April 13th)

## Pickleball Spring Break Camp

As the fastest growing sport in America, Pickleball is easy to learn and fun to play. Basic instruction, including rules, serving, service return, volleying and shot selection will be taught. Being athletic is not a requirement to learn how to play. Try it and see. Paddles, balls and basic instruction will be provided. Please wear comfortable clothes and tennis type shoes.

Age: 8-17

Mon-Fri • 10am-12pm

AC1.987 • 4/10-4/14

Location: McBean Park

Cost: \$25/\$30NR

## Gymnastics Camp

This three day camp is crammed with fun-filled and themed based games, tumbling, music and crafts.

Mon - Wed • 9am-12pm

AC1.980 • 4/10-4/12 • \$55/\$60NR

Location: Lincoln Community Center

Ages: 5-10



## SUMMER JOBS 2017

YOUR BEST SUMMER STARTS HERE!

The City of Lincoln is now looking for FUN, ENTHUSIASTIC and RESPONSIBLE people for summer positions. The on-the-job training and experience we provide will look great on college applications and resumes.

Here are a few reasons why our part time staff love their jobs:

- Meet new people
- Great pay
- Sense of pride in making a positive impact on children and our community
- Leadership opportunities

### Positions Available:

- Recreation Aide: Day Camp Leaders
- Recreation Aide: Pool Cashier
- Lifeguards
- Water Safety Instructors

## HIRING WILL BEGIN EARLY FEBRUARY

Want to make sure you don't miss out on this great opportunity? Be sure to head on over to [www.CalOpps.org](http://www.CalOpps.org) to get started today!

Register Early

Don't wait until it's too late!  
Programs with low registration may be cancelled.

# Expressions Academy of Dance

## Dance Classes

Come experience Expressions Academy of Dance's approach to building self-confidence and giving students the solid foundation they need to become fearless dancers and individuals. \*All Dance classes are held at Expressions Academy of Dance, Located at 780 Sterling Parkway, Suite 30, Lincoln, CA 95648

Location: Expressions Dance Academy

### Dance Discovery, Mommy & Me Ballet

This 30 minute class is a magical way for you and your toddler to experience dance and movement together. Each week will begin with a fun song and dance warm up where they will be introduced to Ballet basics. This class includes dance, yoga, rhythm, music, singing and basic tumbling. Age: 2-3

Sat • 10-10:30am

AC1.875 • 1/7-1/28 • \$45/\$50NR

AC1.876 • 2/11-3/4 • \$45/\$50NR

AC1.877 • 3/11-4/1 • \$45/\$50NR

### Pre Ballet

This class is for the Ballerinas at heart! Our Pre Ballet program is perfect for the young dancers who are just starting out, and hwo just love to move. We incorporate games, songs, and rhythm to exercise the creative part of their brain.

Age: 4-5

Sat • 11-11:45am

AC1.881 • 1/7-1/28 • \$50/\$55NR

AC1.882 • 2/11-3/4 • \$50/\$55NR

AC1.883 • 3/11-4/1 • \$50/\$55NR

### Ballet Level 1

Our Ballet program follows the RAD (Royal Academy of Dance) Curriculum of teaching. Ballet has a long history of producing beautiful and strong dancers that exude poise and grace. We strive for excellence in technique, proper terminology, and teaching the importance of confidence while dancing. Everyone should get a chance to take Ballet, to learn new skills, meet new friends and ignite self worth.

Age: 6-9

Fri • 3:30-4:30pm

AC1.887 • 1/6-1/27 • \$55/\$60NR

AC1.888 • 2/10-3/3 • \$55/\$60NR

AC1.889 • 3/10-3/31 • \$55/\$60NR

### Hip Hop/Jazz Level 1

With clean, upbeat music we inspire our dancers to move to the rhythm. Our Hip Hop/Jazz classes fill dancers with every and excitement. While focusing on both Hip Hop and Jazz techniques from classic styles to new modern aspects.

Age: 6-8

Fri • 5:30-6:30pm

AC1.890 • 1/6-1/27 • \$55/\$60NR

AC1.891 • 2/10-3/3 • \$55/\$60NR

AC1.892 • 3/10-3/31 • \$55/\$60NR

### Hip Hop Mini's

This class is designed for the kds who just love to move and groove! This class combines Jazz and Hip Hop in a fun and age appropriate way! We learn the basic techniques of both genres, and create exciting and energetic dances. Age: 4-6

Sat • 10:30-11am

AC1.878 • 1/7-1/28 • \$45/\$50NR

AC1.879 • 2/11-3/4 • \$45/\$50NR

AC1.880 • 3/11-4/1 • \$45/\$50NR



#### Ballet:

Ages 2-3- Pink Leotard, pink tights, pink ballet shoes

Ages 4-6- Purple Leotard, pink tights, pink ballet shoes

**Ballet I-** Blue leotard, pink tights, pink ballet shoes, hair in a bun

#### Ballet & Tap:

Ages 4-6 - Purple Leotard, pink tights, pink ballet shoes, and black tap shoes

#### Hip Hop:

T-shirt, leggings, clean tennis shoes, hair must be up in a ponytail or braid

\* Dress Code items available for purchase at Expressions Academy of Dance

If you have any questions regarding Expressions Academy of Dance classes or dress code, give the office a call, and we will be happy to assist you. (916) 543-0299.





## Gymnastics

These classes are for children ages 18 months to 10 years of age. Instructor Angie Floyd creates a fun program for girls and boys that teaches basic gymnastics skills in a positive learning environment. Each class includes activities that are geared toward improving gross motor skills, hand-eye coordination, and developing self-esteem in children. Sibling and family discounts are available.

Location: Community Center

*No class dates: 1/7, 4/11, 4/12, 4/13, 4/14, 4/15*

### Little Dippers

Parents assist their children in a wide range of fun activities designed to benefit toddlers physically, mentally, and socially.

Age: 1.5-3

Tues • 10-10:45am

AC1.917 • 1/3-2/7 • \$54/\$59NR  
AC1.918 • 2/14-3/21 • \$54/\$59NR  
AC1.919 • 3/28-5/9 • \$54/\$59NR

Wed • 10-10:45am

AC1.920 • 1/4-2/8 • \$54/\$59NR  
AC1.921 • 2/15-3/22 • \$54/\$59NR  
AC1.922 • 3/29-5/10 • \$54/\$59NR

Fri • 9-9:45am

AC1.923 • 1/6-2/10 • \$54/\$59NR  
AC1.924 • 2/17-3/24 • \$54/\$59NR  
AC1.925 • 3/31-5/12 • \$54/\$59NR

Sat • 9:35-10:20am

AC1.926 • 1/14-2/11 • \$45/\$50NR  
AC1.927 • 2/18-3/25 • \$54/\$59NR  
AC1.928 • 4/1-5/13 • \$54/\$59NR

### Big Dippers

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.

Age: 3

Tues • 11-11:45am

AC1.929 • 1/3-2/7 • \$54/\$59NR  
AC1.930 • 2/14-3/21 • \$54/\$59NR  
AC1.931 • 3/28-5/9 • \$54/\$59NR

Wed • 9-9:45am

AC1.932 • 1/4-2/8 • \$54/\$59NR  
AC1.933 • 2/15-3/22 • \$54/\$59NR  
AC1.934 • 3/29-5/10 • \$54/\$59NR

Fri • 11-11:45am

AC1.941 • 1/6-2/10 • \$54/\$59NR  
AC1.942 • 2/17-3/24 • \$54/\$59NR  
AC1.943 • 3/31-5/12 • \$54/\$59NR

### Gymnastics Camp

This three day camp is crammed with fun-filled and themed based games, tumbling, music and crafts.

Age: 5-10

Mon - Wed • 9am-12pm

AC1.980 • 4/10-4/12 • \$55/\$60NR

### Comets

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.

Age: 3-4

Wed • 11-11:45am

AC1.938 • 1/4-2/8 • \$54/\$59NR  
AC1.939 • 2/15-3/22 • \$54/\$59NR  
AC1.940 • 3/29-5/10 • \$54/\$59NR

Thurs • 4:30-5:15pm

AC1.935 • 1/5-2/9 • \$54/\$59NR  
AC1.936 • 2/16-3/23 • \$54/\$59NR  
AC1.937 • 3/30-5/11 • \$54/\$59NR

Sat • 10:30-11:15am

AC1.944 • 1/14-2/11 • \$45/\$50NR  
AC1.945 • 2/18-3/25 • \$54/\$59NR  
AC1.946 • 4/1-5/13 • \$54/\$59NR

### Shooting Stars

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.

Age: 4-5

Tues • 3:15-4pm

AC1.947 • 1/3-2/7 • \$54/\$59NR  
AC1.948 • 2/14-3/2 • \$54/\$59NR  
AC1.949 • 3/28-5/9 • \$54/\$59NR

Fri • 10-10:45am

AC1.950 • 1/6-2/10 • \$54/\$59NR  
AC1.951 • 2/17-3/24 • \$54/\$59NR  
AC1.952 • 3/31-5/12 • \$54/\$59NR

Sat • 8:45-9:30am

AC1.953 • 1/14-2/11 • \$45/\$50NR  
AC1.954 • 2/18-3/25 • \$54/\$59NR  
AC1.955 • 4/1-5/13 • \$54/\$59NR

### Galaxies

This transitional class focuses on learning fundamental gymnastics skills and developing strength and flexibility.

Age: 5-6

Thurs • 5:25-6:10pm

AC1.956 • 1/5-2/9 • \$54/\$59NR  
AC1.957 • 2/16-3/23 • \$54/\$59NR  
AC1.958 • 3/30-5/11 • \$54/\$59NR

Fri • 3:30-4:15pm

AC1.959 • 1/6-2/10 • \$54/\$59NR  
AC1.960 • 2/17-3/24 • \$54/\$59NR  
AC1.961 • 3/31-5/12 • \$54/\$59NR

### Boys Beginning Gymnastics

This class is for the Boys! Children learn basic gymnastics skills and progressions that promote strength, flexibility, and cardiovascular fitness.

Age: 5-8

Thurs • 3:30-4:30pm

AC1.962 • 1/5-2/9 • \$60/\$65NR  
AC1.963 • 2/16-3/23 • \$60/\$65NR  
AC1.964 • 3/30-5/11 • \$60/\$65NR

### Beginning Gymnastics

Children learn basic gymnastics skills and progressions that promote strength, flexibility, and cardiovascular fitness.

Age: 6-10

Tues • 5:10-6:10pm

AC1.965 • 1/3-2/7 • \$60/\$65NR  
AC1.966 • 2/14-3/21 • \$60/\$65NR  
AC1.967 • 3/28-5/9 • \$60/\$65NR

Fri • 5:30-6:30pm

AC1.968 • 1/6-2/10 • \$60/\$65NR  
AC1.969 • 2/17-3/24 • \$60/\$65NR  
AC1.970 • 3/31-5/12 • \$60/\$65NR

Sat • 11:30-12:30pm

AC1.971 • 1/14-2/11 • \$50/\$55NR  
AC1.972 • 2/18-3/25 • \$60/\$65NR  
AC1.973 • 4/1-5/13 • \$60/\$65NR

### Tumbling & Strength Conditioning

This class will focus on developing strength, flexibility, and intermediate gymnastics skills with an emphasis on front and back handsprings. Participation requires instructor approval. Required skills: handstand, forward roll, back bend, and round off.

Age: 6-10

Tues • 4-5pm

AC1.974 • 1/3-2/7 • \$60/\$65NR  
AC1.975 • 2/14-3/21 • \$60/\$65NR  
AC1.976 • 3/28-5/9 • \$60/\$65NR

### Intermediate Gymnastics

Allows children to take skills learned in Beginning Gymnastics to a more challenging level. Participation requires instructor approval.

Age: 7-10

Fri • 4:30-5:30pm

AC1.977 • 1/6-2/10 • \$60/\$65NR  
AC1.978 • 2/17-3/24 • \$60/\$65NR  
AC1.979 • 3/31-5/12 • \$60/\$65NR



## Active Tots

Come out to the field and have fun learning the basics of T-Ball and the value of sportsmanship. We will practice hitting, catching, throwing and running the bases. Fun drills and scrimmages will be played. All equipment is provided, so come on out and play. Parent participation required.

### T-Ball 1

Age: 3.5-4.5  
Fee: \$50/\$55NR

Tuesdays • Twelve Bridges Park  
AC1.908 • 3/21-4/11 • 5:45-6:30pm  
AC1.911 • 4/25-5/16 • 5:45-6:30pm

### T-Ball 2

Age: 4.5-5  
Fee: \$50/\$55NR

Wednesdays • McBean Park  
AC1.909 • 3/22-4/12 • 5:45-6:30pm  
AC1.912 • 4/26-5/17 • 5:45-6:30pm

### T-Ball 3

Age: 5-6  
Fee: \$50/\$55NR

Thursdays • Peter Singer Park  
AC1.910 • 3/23-4/13 • 5:45-6:30pm  
AC1.913 • 4/27-5/18 • 5:45-6:30pm



## NEW! TINY TOT FITNESS

This toddler based program introduces exercise through fun and physical sports play. Activities are designed to get your little ones engaged in non-competitive interactive games and sports which emphasize flexibility, confidence, and emotional well-being to build strong bodies and minds. Parent Participation is required.

Ages: 2-4  
Cost: \$40/\$45NR  
Location: Lincoln Community Center

Thurs • 11:00am - 11:45am  
PG1.227 • 1/5-1/26  
PG1.228 • 2/2-2/23  
PG1.229 • 3/2-3/23  
PG1.230 • 3/30-4/20 • **NO CLASS 4/13**

*Register  
Early*

*Don't wait until it's too late!  
Programs with low registration  
may be cancelled.*



# CHALLENGER SPORTS™

**YOUR TOTAL SOCCER SOLUTION**

## Challenger Sports

Challenger Sports team of professional British, Brazil and International soccer coaches will make each soccer class fun, rewarding and challenging for all children. Over 150,000 kids each year are coached by Challenger Sports staff all over the USA and each get the great cultural experience of being coached by a foreign coach and learn about other countries around the World that play the great game of Soccer! Classes are six week sessions.

Day: Monday

Location: Foskett Regional Park

Instructor: British Soccer Staff



### British Soccer

Ages: 4-5

Fee: \$98/\$103NR

Soccer is fun! That will be the focus of this class. Kids will be encouraged to enjoy the sport of soccer. They will learn soccer skills that will keep them playing for future years. They will make new friends and learn the basics of the game through small sided scrimmages and fun games.

AC1.981 • 3/6-4/10 • 5-5:45pm

AC1.984 • 5/1-6/5 • 5-5:45pm

### British Soccer

Ages: 6-7

Fee: \$98/\$103NR

With fun still a big part, we now introduce specific coaching points such as how to pass a ball, how to dribble past defenders, shoot a goal and have fun while in a safe and progressive environment. Small sided games make the coaching beneficial in a realistic game scenario.

AC1.982 • 3/6-4/10 • 5:45-6:30pm

AC1.985 • 5/1-6/5 • 5:45-6:30pm

### British Soccer

Ages: 8-12

Fee: \$98/\$103NR

The focus is on refining and improving techniques in terms of passing, dribbling, shooting, defending and individual foot skills and 1 vs 1 moves. Still an element of fun but a focus on challenging the player and ensuring they improve over the course of the class. A scrimmage to put skills to the test will end each class.

AC1.983 • 3/6-4/10 • 6:30-7:30pm

AC1.986 • 5/1-6/5 • 6:30-7:30pm



## TinyTykes

Challenger Sports coaches and the TinyTykes program teach basic soccer skills while developing strength, balance, coordination, listening skills, cooperation, and teamwork in children ages 2 - 5 years old.

Fee: \$98/\$103NR

Location: Pete Singer Park

### Cubs

Age: 2-3

AC1.904 • 3/3-4/7 • Fri • 9:30-10:15am

AC1.905 • 4/21-5/26 • Fri • 9:30-10:15am

### Lions

Age: 4-5

AC1.906 • 3/3-4/7 • Fri • 10:30-11:15am

AC1.907 • 4/21-5/26 • Fri • 10:30-11:15am



## What to Wear

### British Soccer:

Please wear soccer/sports attire. Shin guards and soccer cleats are recommended, but not required. No open toe shoes.

### TinyTykes:

Please wear comfortable sports clothes. Shin guards and soccer cleats are recommended, but not required. No open toe shoes.





## Lincoln Youth Volleyball Spring 2017

For all you volleyball players in the 3rd - 8th grades it's that time of the year again! Boys and girls of all experience levels and backgrounds are invited to come be part of the team and play the great sport of volleyball! 3rd and 4th graders will participate in our Developmental League to help them develop key fundamental skills, enthusiasm for the sport and encourage participation in our older divisions. Come play in this fast-paced 10 week, 8 game-program with weekly practices and scheduled matches on Sunday afternoons.

Grades: 3rd-8th

### Registration Deadlines & Fees

Early: 11/28-1/8 • \$85

Regular: 1/9-3/5 • \$95

Late: 3/6-3/10 • \$105

\$10 sibling discount

### Important Dates:

Orientation: Saturday, March 11th

Practices start the week of: 3/13

League Play: Sunday, 3/26-6/4 (no games 4/16, 5/14, 5/28)



## Hoop Improvement

This youth basketball program will provide your young player the opportunity to learn about basketball in a fun and positive environment. Each day will feature easy to learn instruction along with enjoyable games and contests that will enhance their development and love of the game. Coach Rick Bauer is the owner and coach of Good Sport U. All players receive a Good Sport U shirt. Some parental play is requested in this program. Hustle over to [www.GoodSportU.com](http://www.GoodSportU.com) for more information.

*\*No class 4/12.*

Day: Wed

Fee: \$50/\$55NR

Location: Twelve Bridges Elem

Ages: 4-6

AC1.873 • 3/29-4/26 • 5:30-6:25pm

Ages: 7-9

AC1.874 • 3/29-4/26 • 6:30-7:25pm



## Skyhawks

Skyhawks Sports Academy provides sport programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

Ages 6-12

Fee: \$79/\$84NR

Location: McBean Park

### Multi-Sport Clinic

Skyhawks has taken our favorite games from the playground and combined them into an action packed 8 week clinic! Each week your young athlete will play variations of Kickball, Dodgeball, Ultimate Frisbee and Capture the Flag. Participants will learn sportsmanship, teamwork and strategy in addition to the rules of the game. Bring your friends or come make new ones. Participant-to-coach ratio is 12:1

AC1.850 • 3/20-5/8

Day: Mon

Time: 4:30-5:30pm



## Beginner Ice Hockey

Come learn the exciting and rapidly growing sport of Ice Hockey! This 4-week introductory class is designed to teach basic hockey skills and get kids hooked on hockey. Includes free hockey jersey, use of skates, helmet, gloves, and stick and one 75 minute class each week. Makeup classes are not available. Please arrive by 10:15am.

Ages: 6-12

Sun • 11am-12:15pm • \$75

Location: Skatetown, 1009 Orlando Ave, Roseville

AC1.900 • 1/8-1/29

AC1.901 • 2/5-2/26

AC1.902 • 3/5-3/26

AC1.903 • 4/2-4/30

*\*No Class 4/16*



## Beginner Ice Skating

If you are a beginner ice skater, this is the class for you. Learn forward and backward skating, swizzles, one foot glides, a two foot spin and more. Includes 4 free skate rental passes. Makeup classes are not available.

Ages: 6-12

Wed • 5:45-6:15pm • \$65

Location: Skatetown, 1009 Orlando Ave, Roseville

AC1.896 • 1/25-2/15

AC1.897 • 2/22-3/15

AC1.898 • 3/22-4/12

AC1.899 • 4/26-5/17

### Lacrosse Clinic

Lacrosse combines basic skills used in soccer, basketball, and hockey into one fast paced game. Boys and girls will learn the fundamentals of stick handling, cradling, passing and shooting in a fun non-checking environment over 8 weeks of instruction.

Participant-to-coach ratio is 10:1

AC1.851 • 3/20-5/8

Day: Mon

Time: 5:45-6:45pm





## Kuk Sool Won

Location: Community Center  
Instructor: John Santilena



### Turtle Tots

Ages: 3.5-5  
Fee: \$60/\$65NR

Introduce your child to the high energy environment of Martial Arts in this class for boys and girls. Turtle Tots is designed to help improve a child's balance, flexibility, coordination, self-confidence, respect and self-discipline.

#### Turtle Tots 1

AC1.852 • 1/3-2/7 • Tues • 6:30-7pm  
AC1.853 • 2/21-3/28 • Tues • 6:30-7pm  
AC1.854 • 4/4-5/9 • Tues • 6:30-7pm

#### Turtle Tots 2

AC1.855 • 1/5-2/9 • Thurs • 6:30-7pm  
AC1.856 • 2/23-3/30 • Thurs • 6:30-7pm  
AC1.857 • 4/6-5/11 • Thurs • 6:30-7pm

### Dragons

Ages: 5-6  
Fee: \$72/\$77NR

Beyond Turtle Tots but not ready for the Junior Martial Arts Program, Dragons is for children 5-6 years of age who have attended several Tots sessions but still may not be ready for Juniors. Dragons is designed for fun and to help improve your child's balance, flexibility, coordination, self-confidence, respect, and self-discipline. Sessions will also stress following instructions and working with others in a team setting. Uniforms are optional.

AC1.858 • 1/4-2/8 • Wed • 5:15-6pm  
AC1.859 • 2/22-3/29 • Wed • 5:15-6pm  
AC1.860 • 4/5-5/10 • Wed • 5:15-6pm



### Juniors 1 & 2

Ages: 6-12  
Fee: \$90/\$95NR

Develop strength, quickness, balance, flexibility and coordination as well as improve your powers of concentration, self-discipline and self-confidence with the traditional martial art form of Korea, Kuk Sool Won.

#### Junior 1

AC1.861 • 1/2-2/8 • Mon/Wed • 6-7pm  
AC1.862 • 2/20-3/29 • Mon/Wed • 6-7pm  
AC1.863 • 4/3-5/10 • Mon/Wed • 6-7pm

#### Junior 2

AC1.864 • 1/3-2/9 • Tues/Thurs • 7-8pm  
AC1.865 • 2/21-3/30 • Tues/Thurs • 7-8pm  
AC1.866 • 4/4-5/11 • Tues/Thurs • 7-8pm

### Advanced Black Belt

Ages: 10+  
Fee: \$90/\$95NR

AC1.867 • 1/2-2/6 • Mon • 5-6pm  
AC1.868 • 2/20-3/27 • Mon • 5-6pm  
AC1.869 • 4/3-5/8 • Mon • 5-6pm

**Material Fee:** Payable to instructor at the first class (includes uniform, belt, curriculum description, CD of the first Form, and a Lincoln Kuk Sool Won t-shirt).  
Turtle Tots - N/A, Dragons - \$80 (optional), Juniors - \$80, Adults - \$100

**Family Discounts:** 1-full price, 2-full price, 3-half price, 4 & on-FREE

**We also offer  
Adult Kuk Sool Won and Tennis Classes!**

[See page 13 for details](#)

## Tennis

Location: Jimenez Park, Tennis Courts  
Instructor: Peter Haddow

### Tiny Tots

Age: 5-7  
Fee: \$35/\$40NR

A program for boys and girls (ages 5-7) aimed at developing tennis skills and sportsmanship with an emphasis on fun and games.

AC2.480 • 3/2 - 3/23 • Thurs • 3:30-4pm  
AC2.481 • 4/6 - 3/27 • Thurs • 3:30-4pm

### Pre-Academy I

Age: 8-12  
Fee: \$55/\$60NR

A weekly class for pre-teen boys and girls geared towards building solid fundamental tennis skills, in a fun environment.

AC2.482 • 3/2 - 3/23 • Thurs • 4-5pm  
AC2.483 • 4/6 - 3/27 • Thurs • 4-5pm

### Pre-Academy II

Age: 12-16

A weekly tennis class for boys and girls ages 12 and older. Students will learn proper technique and participate in targeted drills designed to improve consistency and shot making.

AC2.484 • 3/2 - 3/23 • Thurs • 5-6pm  
AC2.485 • 4/6 - 3/27 • Thurs • 5-6pm



# Thank You Sponsors!

Mayors Cup Golf Challenge  
Special Thanks To Our Sponsors:

**PLATINUM**  
Stantec

**SILVER**  
Walmart, Richland Communities

**BRONZE**  
Blackburn Consulting, Frayji Design Group Inc., JMC Homes, Kronick Moskovitz Tiedemann & Girard, Lake Development Group Inc., Northern California Carpenters, PG&E, Piper Jaffray, Quincy Engineering, Recology Auburn Placer, Sierra Pacific Industries, Thunder Valley Casino & Resort, Tully & Young, Willdan Engineering, WSP|PB

**VENDOR SPONSORS**  
ELO Group Realty, Holdrege & Kull, Lincoln Professional Fire Fighters Association, Valor Gutter Guards

**BEVERAGE**  
BZ Plumbing Co. Inc., Goodwin Consulting Group, Inc., Twelve Bridges Community, Vali Cooper & Associates, Inc.







## Safety Classes

### Home Alone Training

Will your young teen be staying home alone this summer? Prepare yourself and your child for this new adventure with Home Alone Training. This class will teach the skills your child will need to be home alone safely. Includes walking home, key responsibility, securing the house, answering the phone, safe choices, and emergency procedures. Training follows the Kidproof's At Home Alone Curriculum and the American Red Cross First Aid Curriculum. Certificate for both At Home Alone and First Aid is presented upon completion of the workshop. Hand-outs and lunch are included.

PG1.231 • 3/25

Ages: 9-15

Day: Sat

Time: 11am - 3pm

Fee: \$25/\$30NR

Location: Twelve Bridges Library

### Babysitting Certification

Are you ready to become a babysitter? This class is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. The recommended age for this course is 11-15 years old. Cost includes Red Cross Certification, book and lunch.

PG1.232 • 4/22

Ages: 11-15

Day: Sat

Time: 9:00am - 4:00pm

Fee: \$50/\$55NR

Location: McBean Memorial Pool

### Adult and Child First Aid/CPR

The Adult and Pediatric First Aid/CPR course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR valid for two years.

PG1.233 • 5/20

Ages: 13+

Day: Sat

Time: 9:00am - 3:00pm

Fee: \$50/\$55NR

Location: Twelve Bridges Library

### Jr. Lifeguarding Course

American Red Cross Junior Lifeguarding is designed to guide youth to the American Red Cross Lifeguarding course by building a foundation of knowledge, attitudes and skills for future lifeguards. Participants are not required to master or perfectly execute skills. They should learn techniques and build stamina during this program. Course prerequisites: Swim the front crawl for 25 yards continuously while breathing to the front or side, swim the breaststroke for 25 yards using a pull, breathe, kick and glide sequence, tread water for 1 minute using arms and legs, show a level of comfort on back by floating for 30 seconds or swimming 25 yards using elementary backstroke or back crawl, and submerge and swim a distance of 10 feet under water.

AQ.338 • 4/24 - 5/12

Ages: 11-14

Day: Mon-Fri

Time: 3:30pm - 5:30pm

Fee: \$125/\$130NR

Location: McBean Memorial Pool

### Lifeguard Training Class

This class will teach participants the knowledge and skills needed to prevent and respond to aquatic emergencies. The class provides certifications needed for Lifeguards in California; Lifeguarding, CPR/AED for the Professional Rescuer, First Aid for Public Safety Personnel (Title 22) and Bloodborne Pathogens. You must pass an untimed 300 yd swim using front crawl and breaststroke and a timed 20 yd swim starting in the water, surface dive (head or feet first) to 10 lb. object between 7 and 10 feet, surface and swim back holding object on surface of the water with both hands in 1 minute 40 seconds. Must bring pocket mask, and American Red Cross Lifeguard Manual to class, they can be purchased from an American Red Cross office or on line.

AQ.337 • 4/10 - 4/14

Ages: 15+

Day: Mon-Fri

Time: 9am - 5pm

Fee: \$175/\$180NR

Location: McBean Memorial Pool

### Teaching Young Teens

who babysit or  
stay home alone  
to be safe and  
secure!



For more information on our Youth Sports Leagues, visit us online at [www.LincolnYouthSports.com](http://www.LincolnYouthSports.com)



## Lincoln Youth Volleyball League - Spring 2017

For all you volleyball players in the 3rd - 8th grades it's that time of the year again! Boys and girls of all experience levels and backgrounds are invited to come be part of the team and play the great sport of volleyball! 3rd and 4th graders will participate in our Developmental League to help them develop key fundamental skills, enthusiasm for the sport and encourage participation in our older divisions. Come play in this fast-paced 10 week, 8 game-program with weekly practices and scheduled matches on Sunday afternoons.

Grades: 3rd-8th

### Registration Deadlines & Fees

Early: 11/28-1/8 • \$85

Regular: 1/9-3/5 • \$95

Late: 3/6-3/10 • \$105

*\$10 sibling discount*

### Important Dates:

Orientation: Saturday, March 11th

Practices start the week of: 3/13

League Play: Sunday, 3/26-6/4 (no games 4/16, 5/14, 5/28)



## Lincoln Youth Flag Football League - Spring 2017

### "Friday Nights, Under the Lights"

Lincoln Recreation is excited for another season of Lincoln Youth Flag Football for all boys and girls in the 1st - 8th grades. Lincoln Youth Flag Football is a non-contact, 5 on 5 league with practices twice a week. The Spring Season will feature a player combine followed by a player draft for 3rd - 8th grade divisions. 1st and 2nd grade teams will be randomly assigned. Come out and join us for this exciting new flag football experience. Games will be scheduled for Friday nights at Foscett Regional Park.

### Registration Deadlines & Fees

Early: 11/28-1/8 • \$95

Regular: 1/9-2/26 • \$105

Late: 2/27-3/3 • \$115

*\$10 sibling discount*

### Important Dates:

Player Combine: Sunday, 3/5

Practices start the week of: 3/13

League Play: Friday, 3-24-6/2 (no games 4/14, 5/26)



## FIELD SPONSORSHIPS AVAILABLE



Participants of the field sponsorship program will have their banner(s) displayed on the outfield fence of one or more fields at the Eleanor Carnesecca Softball Complex at Foscett Regional Park. Proceeds from this program will be used for various improvements to enhance the player and spectator experience at this popular tournament facility.

For more information please call our offices at 916-434-3220.



## Adult Kuk Sool Won

Kuk Sool Won, a traditional Korean Martial Art, can benefit anyone. With instructor John Santilena you will develop strength, quickness, balance, timing, flexibility, and coordination while improving your concentration, self-discipline and self-control. If you feel you are up for the challenges developed by the Korean Masters, here is your opportunity.

Age: 13+

Mon/Wed • 7-8pm

Fee: \$90/\$95NR

Location: Lincoln Community Center

AC1.870 • 1/2-2/8

AC1.871 • 2/20-3/29

AC1.872 • 4/3-5/10



## Adult Intermediate Tennis

A tennis course for adults who play regularly and have a NTRP rating of 3.0 or higher. Groundstrokes, Serves, Volleys will be reviewed in addition to tactics, proper footwork and effective use of spin. The emphasis will be on drills and doubles play.

\*Registration for this class requires instructor approval. Please contact the Recreation Department for enrollment (916) 434-3220.

Age: 16+

Fee: \$55/\$60NR

Location: Jimenez Park, Tennis Courts

Instructor: Peter Haddow

AC2.488 • 3/2 - 3/23 • Thurs • 6-7pm

AC2.489 • 4/6 - 3/27 • Thurs • 6-7pm

## Adult Beginner Tennis

A course for adults who would like to learn to play tennis, the sport of a lifetime. Forehands, backhands, serves, volleys and specialty shots will be covered in addition to the rules of the game and proper tennis etiquette.

Age: 16+

Fee: \$55/\$60NR

Location: Jimenez Park, Tennis Courts

Instructor: Peter Haddow

AC2.486 • 3/2 - 3/23 • Thurs • 7-8pm

AC2.487 • 4/6 - 3/27 • Thurs • 7-8pm

## ADULT LEAGUES

### Registration Dates Spring 2017

Early: 1/3-1/22  
Regular: 1/23-2/21  
Late: 2/22-3/6

#### Softball

@ Foskett Regional Park

League/Division	Start Date	Day	Early Team Fee	Regular Team Fee	Late Team Fee
Co-ed	3/14	Tues	\$450	\$475	\$500
Men's	3/16	Thurs	\$450	\$475	\$500

#### Volleyball

@ Lincoln Community Center

League/Division	Start Date	Day	Early Team Fee	Regular Team Fee	Late Team Fee
Co-ed	3/20	Mon	\$300	\$325	\$350

#### Drop-In Basketball

@ Lincoln Community Center

Dates	Day	Time	Fee
Weekly	Wed	8-10pm	\$5

### Free Agent List

New to Lincoln or just can't put a whole team together? Join our Free Agent program. We accept individual registration on an on-going basis for all of our adult sports leagues and form teams when there is enough interest to do so. If there are not enough free agents to form a team, the Free Agent List with your name and contact information will be distributed to all team captains prior to the start of the season. Free agent registration is only taken online at [www.lincolnrecsports.com](http://www.lincolnrecsports.com)

### League Information

League fees must be paid in full by the late registration deadline date.

Team registration can be processed online at [www.lincolnrecsports.com](http://www.lincolnrecsports.com) or at the Lincoln Community Center, 2010 First Street.





## MCBEAN PAVILION

**65 McBean Park Drive**

Ideal for wedding receptions, parties and special events, this 6,700 square foot facility has a large reception hall, full kitchen, small stage, bar area and ample parking. The reception hall is large enough to comfortably seat approximately 400 guests.

*All rental fees includes tables and chairs as well as setup and cleanup of the facility.*



## CIVIC AUDITORIUM

**511 Fifth Street**

This beautifully renovated 2,500 square foot building is perfect for receptions and performances. The building features a large stage area, kitchen space, and inviting foyer. The reception hall is large enough to comfortably seat approximately 200 guests.

*All rental fees include chairs.*



## MCBEAN PAVILION BBQ AREA

**65 McBean Park Drive**

Located next to McBean Pavilion, the BBQ Area features a wooden shade structure great for an outdoor event. Tables and chairs are available for use and a full kitchen is available for rent as well.

*All rental fees includes tables and chairs as well as setup and cleanup of the facility.*



## MCBEAN PARK GAZEBO

**65 McBean Park Drive**

Located in McBean Park, the Gazebo is perfect for a small outdoor gathering.



## BEERMANN PLAZA

**640 5th Street**

Beerman Plaza is an outdoor location on 5th Street and F Street. The Plaza has a beautiful fountain and makes a great setting for a small event.



## TWELVE BRIDGES LIBRARY

**485 Twelve Bridges Drive**

The Lincoln Public Library @ Twelve Bridges has a variety of rooms and facilities for rent.

Check out [www.libraryatlincoln.org](http://www.libraryatlincoln.org) for Library Forms and room use information. For further details, contact Renae Hart at (916) 434-2410 or (916) 434-2409.

Please visit online at [www.lincolnrec.net](http://www.lincolnrec.net) to view pricing or contact (916) 434-3220 for pricing and reservations.



# John

McBean Park Drive / Hwy 193

## To Newcastle

Sierra College Blvd

Stoneridge Blvd

## Twelve Bridges

Twelve Bridges Dr

•Old Kenmare Rd

Map © 2017 City of Lincoln and Blue Cat Studio, Inc.

1	Aitken Park . . . . .							•					C6
2	Auburn Ravine Park . . . .						•						E5
3	Brown Park . . . . .							•		•	•		B2
4	Coyote Pond Park . . . . .							•		•			H9
5	Foskett Regional Park . . .	•	•				•	•	•	•			C2
6	Joiner Park . . . . .	•	•					•	•				D4
7	Machado Park . . . . .							•			•		C5
8	Markham Park . . . . .							•	•		•	•	C3
9	McBean Park . . . . .	•	•	•	•	•	•	•	•	•	•	•	E4
10	Nathan Dubin Park . . . . .		•	•				•	•		•		C7
11	Palo Verde Park . . . . .							•		•	•		G3
12	Pete Demas Park . . . . .												D7
13	Peter Singer Park . . . . .	•	•					•	•		•		D6
14	Robert Jiminez Park . . . .	•			•			•					D6
15	Scheiber Park . . . . .								•		•		C4
16	Sheffield Park . . . . .								•		•		E6
17	Twelve Bridges Park . . . .	•	•					•	•				G9
18	Wilson Park . . . . .	•						•	•				E9

19	Carlin C. Coppin Elementary . . . . .	F3
20	Creekside Oaks Elementary . . . . .	C5
21	First Street Elementary . . . . .	D5
22	Foskett Ranch Elementary . . . . .	C2
23	Glen Edwards Middle School . . . . .	D4
24	Lincoln Crossing Elementary . . . . .	D6
25	Lincoln High School . . . . .	E4
26	Twelve Bridges Elementary . . . . .	G9
27	Twelve Bridges Middle School . . . . .	E9



28	Beermann Plaza	E4 (inset A9)
29	City Hall / WPUUSD District Offices	E4 (inset A8)
30	Civic Auditorium	E4 (inset B9)
31	Corporation Yard	A2
32	Fire Station #33	F4 (inset C9)
33	Fire Station #34	C5
34	Fire Station #35	F9
35	Lincoln Community Center	C4
36	Lincoln Regional Airport	A2
37	McBean Park Pavilion	F4 (inset B10)
38	Police Department	E4 (inset A8)
39	Twelve Bridges Library	E9



485 Twelve Bridges Drive  
(916) 434-2410 • 485 Twelve Bridges Drive

For current hours, programs, fundraisers, and happenings check the Library's website or Facebook page.

[www.libraryatlincoln.org](http://www.libraryatlincoln.org)  
[www.facebook.com/libraryatlincoln](https://www.facebook.com/libraryatlincoln)  
[www.library@lincolnlca.gov](mailto:www.library@lincolnlca.gov)

Remember, our digital branch is always open! Our e-books and online databases are available to you 24/7!



## Friends of the Lincoln Library

The Friends of the Lincoln Library invite you to join them in helping out the Twelve Bridges Library. The Friends support various programs including Read for the Record, Summer Reading Program, Mother Goose On The Loose (MGOL), Read Across America, Homework Center, Family Movie Night, EBSCO research databases and many others. To fund these programs the Friends hold quarterly book sales and manage a daily on-going book sale inside the library. Your membership helps also to keep the Library open and programs running. Thank you, Friends!

Regular FOLL meetings: 2nd Tuesday of each month from 2-4pm at Twelve Bridges Library- Fir Room

## Book Sale

Hundreds of fiction, non-fiction, bestsellers, paperbacks, and children's books will be available for purchase. Prices start at \$0.25 and all proceeds go to the Friends of the Lincoln Library sponsored programs.

Sat • 3/11 • 11-3pm  
Twelve Bridges Library- Willow Room

## Poetry Open Mic

The Friends of the Lincoln Public Library invite members of the community to share their love of poetry while enjoying refreshments. Contact Sue Clark at (916) 434-9226. For all ages.

Sun • 1/8, 2/12, 3/12, 4/9 • 3-5pm  
Twelve Bridges Library- Willow Room

## Family Movie Night

FREE- Sponsored by Friends of the Lincoln Library  
Join us for FREE family friendly movies - Check the Library website for exact titles! Doors open at 5:30pm, movie starts at 6pm. Limited to first 100 participants!

Sat • 9/17, 10/15, 11/19 • 6pm  
Twelve Bridges Library- Willow Room

## Mother Goose on the Loose

This fast-paced, fun activity for young children, their parents, or caregivers includes activities that help your little one to learn and grow. We play instruments, sing songs, repeat nursery rhymes, march, clap, listen to stories, and do lots of fun movements. Adults must accompany children at all times. Limited to first 100 participants.

Age: 0-4 years • 1/5-4/27 • except 1/19, 2/16, 3/16, 4/20  
Thurs • 10:30am-11am OR 11:30am-12pm  
Twelve Bridges Library - Homework Center

## Family Storytime

Families are invited for a fun half hour of books, rhymes, and songs. We have special tips and techniques for building reading skills at home throughout the program.

Age: All ages welcome!

Wed • 1/11-4/26 • 3:30-4pm  
Twelve Bridges Library- Kids Area

## Homework Help for Students

Students needing help or just a quiet place to study can use the Homework Center. This program is run by volunteers who can assist students.

For grades: 1st-8th

Tues/Wed • 1/10-4/26\* • 2:45-4:45pm  
Twelve Bridges Library- Homework Center  
\*except 3/14, 3/15, 4/11, 4/12

## Read to a Dog!

[www.lendaheart.org](http://www.lendaheart.org)  
LAH therapy dogs and their handlers are coming to the Library! Practice your reading skills and make a new four-legged friend by reading a story to a dog. These are trained therapy dogs, so this is also a perfect opportunity to introduce shy young ones to dogs. Books are provided; sign ups begin at 3pm

Age: All ages welcome

Sat • 1/21, 2/17, 3/18, 4/15 • 3-4pm  
Twelve Bridges Library- Kid's Area

## Online Learning: Research

Find the most accurate, up-to-date information using Explora at the Lincoln Public Library. This research database is simple to use, and provides information from reference books and magazines as well as relevant images and videos. Explora also provides topic overviews, for those looking to get started learning on a new subject. Explora is available in age appropriate versions for elementary, middle and high school students as well, ensuring that your children always have accurate, relevant information for school reports. It will even help with bibliographies!

Sponsored and paid for by the Friends of the Lincoln Library (FOLL).

Find this database under Online Learning on our website, [www.LibraryAtLincoln.org](http://www.LibraryAtLincoln.org), as well as many other great research tools. You will need your library card number to use this service.

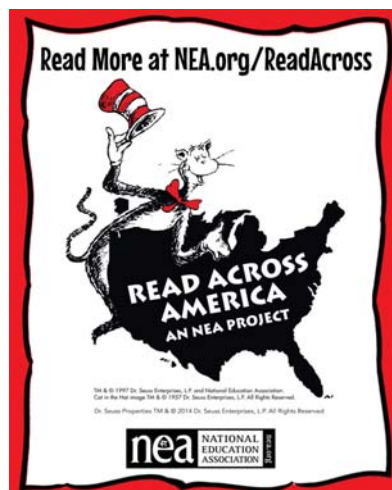


## Read Across America Dr. Seuss' Birthday Celebration

Celebrate the magic of Dr. Seuss through story telling, crafts, and fun activities. Celebrity readers will thrill you with their favorite Dr. Seuss stories.

For grades: Preschool-6th  
Thursday, March 2nd  
3pm-4:30pm @ Twelve Bridges Library- Homework Center

"Sometimes you will never know the value of a moment until it becomes a memory" -Dr. Seuss



**ONLINE.**

You can register online at [www.lincolnrec.net](http://www.lincolnrec.net).  
 Register for youth sport leagues at [www.LincolnYouthSports.com](http://www.LincolnYouthSports.com).  
 Register for adult sport leagues at [www.LincolnRecSports.com](http://www.LincolnRecSports.com).  
 Register 24 hours a day, 7 days a week.

**WALK-IN.**

You can register in our office at 2010 First Street.

**PHONE.**

Give us a call at (916) 434-3220.



Register Online Now!

## Office Closures

The Community Center will be closed on the following dates:

**December 26-January 2  
February 20**

**Office Hours**

8am-12pm, 1-5pm (closed from 12-1pm)

## Park & Recreation Committee Members

Roger Ueltzen- Chair  
 Richard Moore- Vice Chair  
 Jim Datzman  
 Alex Floyd  
 Daniel Gilliam  
 Paul Harrison  
 James Haufler  
 Tim Monelo  
 Kelly Velasco

**Committee Meetings**

The public is invited and encouraged to attend the regular quarterly meetings. Meetings are held on the first Wednesday of March, June, September, and December at 5pm at the City Hall, 600 Sixth Street, First Floor Meeting Room.

## Scholarships

Scholarships are available for low income families. In order to obtain a scholarship, an application and income verification must be submitted. Approval of the scholarship may take up to 2 weeks. Please contact the Community Center at (916) 434-3220 for more information.

The City of Lincoln staff reserves the right to photograph facilities, activities and program participants for potential future use in advertising, brochures and the City's web page. All photos will remain the property of the City of Lincoln.

Every effort is made to ensure that the information printed in the Recreation Guide is accurate; however, please be aware that programs, dates, prices, or descriptions may change periodically. In the event of a program change, every effort will be made to notify registrants in a timely manner.

## General Information

- Payments can be made using credit card, check or cash.
- Program prices, dates and times are subject to change.
- Class fees will not be prorated for any reason.
- Registration is on a first-come, first-serve basis.
- The City has established non-resident fees for recreation programs. A non-resident is a person who lives outside of the Western Placer Unified School District.

## Refund Policy

**Community Classes/Camps/Aquatics**

- The City of Lincoln reserves the right to cancel, combine or divide classes; change time, date or place of classes; instructor; or make other changes necessary.
- **Failure to attend a class or "no shows" will not be granted a refund.** Refunds are only eligible if received a minimum of seventy-two (72) hours prior to the first class, unless otherwise noted. If a request is turned in less than seventy-two (72) hours, a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing, and can be submitted via fax, walk-in, mail, or email. Please email refund requests to [amy.gregory@lincolnca.gov](mailto:amy.gregory@lincolnca.gov)
- If the City of Lincoln cancels a program due to low enrollment, a full refund will be issued.
- If you are not satisfied with any of our programs, please contact the program supervisor.
- The online "convenience fee" will not be refunded.

**Adult Sports Leagues**

- Requests for refund must be received within 24 hours from the close of registration, unless otherwise noted. If a request is submitted after 24 hours, a refund will be determined on a case-by-case basis.
- Requests for refund must be in writing, and may be submitted via fax, walk-in or email. Please email refund requests to [douglas.brown@lincolnca.gov](mailto:douglas.brown@lincolnca.gov)
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed a \$20 processing fee.

**Youth Sports Leagues**

- Requests for refund must be received within 7 days from the close of registration, unless otherwise noted. If a request is submitted after 7 days, a refund will be determined on a case-by-case basis.
- Requests for refund must be in writing, and may be submitted via fax, walk-in or email. Please email refund requests to [daniel.friese@lincolnca.gov](mailto:daniel.friese@lincolnca.gov)
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed a \$10 processing fee.

Refund Request Forms are available online at [www.lincolnrec.net](http://www.lincolnrec.net)

**City of Lincoln Recreation is an approved vendor for the following schools:**

Horizon Charter Schools  
 Visions in Education  
 South Sutter Charter School



Lincoln Recreation



@lincolnparksrec  
 @lysports



@lysports2015



916.434.3220

**SIGN UP EARLY!**

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CITY OF LINCOLN

# SATURDAY, JANUARY 21

## 9AM

*Fan Zone Experience*

FREE KID ZONE • BBQ • TAILGATING

## 10AM

*Gates Open*

COME IN AND GRAB YOUR SEATS  
\$1 ENTRY FEE

## 10:30AM

*Pre-game Ceremonies*

GAME TIMES: 11:05AM AND 2:05PM